

Do you Know.....

At the age 4 to 6 years old:-

- 1.Children need more energy to face challenges from demanding routines of their active days.
- 2.Children learn to eat variety of food and their taste buds are now developing.
- 3.The physical growth of a child progresses well if nutrition for bones and teeth are sufficient at this stage.
- 4.Children are likely to be more exposed to germs and infections as they are now meeting more friends at nurseries and kindergartens. This is the beginning of “immunity”.



CHILD'S VITAL NEEDS

NUGROW 456 CONTAINS

1. Mental and physical energy - to be strong and fit to take on daily challenges.



22 vitamins and minerals;
-Taurine, AA and DHA help in brain development.
- High in folic acid for development of DNA required in new cell formation and regeneration.
-Vitamin B1, B2, Niacin and Biotin (B7) help convert food to energy.
-Carbohydrate is body's primary fuel source of energy.

2. Food that taste good.



Whole milk which is natural milk, not only provides essential vitamins and minerals, it also taste good. Children say that NUGROW taste like ice-cream! This enhance confidence in their drinking.

3. Continuous growth of height without being obese.



Good level of calcium that helps in continuous growth of bones, teeth and height.

3. A healthy digestive system for optimum nutrient absorption in order to build strong immune system.



FOS (Active Prebiotic) that helps increase bifidobacteria (good bacteria), which helps maintain a good intestinal environment and aiding good digestion.